



Move Your Body

1. One person is the leader and yells out what everyone else should do.
2. Be creative.
3. Here are some ideas:

- Touch your ear.
- Touch your feet.
- Touch your nose.
- Wiggle your nose.
- Blink one eye.
- Fluff your hair.
- Kick your left foot out three times.
- Jump on your right foot twice.
- Raise your left hand.
- With your left hand make circles in the air.
- HAVE FUN!